

WHĀNAU INFORMATION SHEET

Who are the researchers

The main researchers are both from the School of Māori Studies, Massey University. Te Kani Kingi is a Research Fellow in Te Pūmanawa Hauora (The Health Research Unit) and Professor Mason Durie is a psychiatrist and Head of School.

How can they be contacted?

Te Kani Kingi
Research Fellow
Te Pūtahi-a-Toi / School of Māori Studies
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Palmerston North
Ph (06) 350 5350

What is the study about?

You are invited to take part in this Māori Mental Health Outcomes Study in which we are trying to find a way of measuring the effects of psychiatric treatment or care on health. To do this we have written a short questionnaire and now want to see how accurate it is.

This is the second and final test of this questionnaire. Information gained from the first test has been used to refine the questionnaires on page three. Based on the comments made in this test a final measure will be developed

What will I be asked to do?

If you wish to take part in this study you will be asked to fill in the questionnaire on "page 3" and then give feedback using the "Evaluation Form" on "page 4" at the back. Your relative (who is here for treatment) and their health worker will also be asked to complete separate questionnaires. All three questionnaires will then be placed in an envelope which will be sealed in front of you. The envelope will be sent straight to us.

You will not need to write your name or address on the questionnaire. The consent forms will be removed from the questionnaires by the researchers. Filling out your part of the questionnaire will only take about 5 minutes. REMEMBER, Your comments on "page 3" are with respect to your observations of your relative. "Page 4" is designed to **evaluate the questions on "Page 3"**. This is the main purpose of this study.

Who else will be involved?

As noted, your relative and their health worker will also be asked to take part and to fill in similar questionnaires and evaluation forms. The health workers have already agreed to take part in the study. The study will only continue when you and your relative agree to take part. The view of your relative, however, will be considered first.

This study is taking place in five other sites around the North Island. In total about 30 tangata whaiora, like your relative, will be asked to participate.

Please Turn Over



FURTHER INFORMATION AND CONSENT FORMS

What are the benefits of the research?

This research will lead to a way of measuring the benefits of treatment for Māori. It is likely to lead to better care and will help ensure that services are focused on clients.

REMEMBER: You do not have to take part in this study- You can;

- refuse to answer any questions or stop at any time.
- ask any questions you want about the study.
- not be identified and your name will not be recorded anywhere.

Taking part in this study will not in any way effect your relatives access to services.

Please feel free to contact the researchers at a latter date as to the development of the questionnaire and this study.

WHANAU CONSENT FORM

I have read the information sheet for this study and have had the details of the study explained to me. My questions about the study have been answered to my satisfaction, and I understand that I may ask more questions at any time. I may also request the assistance of an interpreter if needed.

I understand that I am free to withdraw from the study at any time, or to decline to answer any particular question in the study, and that this will in no way affect my relatives access to health services. I agree to provide information to the researcher on the understanding that it is completely confidential.

I agree to participate in this study under the conditions set out in the information sheet.

Name: _____ Signed: _____

Address: _____

Phone: () _____ Date: ___/___/___